**Vanderbilt University Medical Center**

**Vanderbilt Women's Heart and Neurology Health Symposium 2025S - CME**

Date: 07:00 March 21, 2025 - 04:00 March, 21, 2025

Location: Other

**Accreditation**

Vanderbilt University Medical Center is accredited by the Accreditation Council forContinuing Medical Education to provide continuing medical education for physicians.

**Credit Designation**

Vanderbilt University Medical Center designates this live activity for a maximum of 7.50 *AMA PRA Category 1 Credit(s)*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity

**Objectives**

After participating in this educational activity, you should be able to:

1 Identify key principles of care of geriatric women with cardiovascular disease

2 Identify sex-specific risk factors for stroke

3 Understand the unique concerns for stroke in women.

4 Understand the contribution of ischemia with non-obstructive coronary arteries to chest pain in women

5 Identify effective strategies for diagnosis of chest pain in women

6 Understand sex-specific risk factors for cardiovascular disease in women

7 Recognize the cardiovascular risks of common autoimmune disorders

8 Understand principles of management of hypertension in women

9 Identify pharmacologic and lifestyle modification interventions to improve autonomic dysfunction symptoms

10 Risk stratify patients for use of commonly used contraceptive agents

11 Understand the importance of lifelong specialized cardiovascular care for women with congenital heart disease

12 Understand the benefits and risks of commonly used pharmacologic agents for medical weight loss

13 Understand the approach to managing headaches throughout a women’s lifespan.

14 Review the impact of menopause on sleep.

15 Understand the management of epilepsy when planning for and throughout pregnancy.

16 Review the impact of menopause on cognition

17 Understand the approach to manage a patient with MS as they plan for and throughout pregnancy.

**Target Audience**

Neurology, Medicine, Obstetrics And Gynecology, Other, Nursing

**Americans with Disabilities Act**

It is the policy of Vanderbilt University Medical Center not to discriminate against any person on the basis of disabilities. If you feel you need services or auxiliary aids mentioned in the Americans with Disabilities Act in order to fully participate in this continuing education activity, please contact the Office for Continuous Professional Development (OCPD) to request assistance.

**Commercial Support**

This activity received no commercial support.

**Financial Disclosures**

VUMC CE activities are compliant with the Standards for Integrity and Independence in accredited continuing education. Any individual in a position to control the content of a CE activity, including but not limited to planners and faculty, are required to disclose all relevant financial relationships with ineligible organizations.

All relevant conflicts of interest have been mitigated before this activity started.

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| --- | --- | --- |
| **Name of individual** | **Individual's role in activity** | **Nature of Relationship(s) / Name of Ineligible Company(s)** |
| Cecelia N Theobald, MD | Faculty | Nothing to disclose - 05/09/2024 |
| Katharine N Sourbeer, MD | Faculty | Nothing to disclose - 01/31/2025 |
| Andre H Lagrange, MD | Faculty | Nothing to disclose - 11/11/2024 |
| Cyndya A Shibao Miyasato, MD | Faculty | Grant or research support-ARGENX|Grant or research support-Alnylam|Grant or research support-American Heart Association|Advisor-Antag therapeutics (Relationship has ended)|Grant or research support-National Institute of Health|Membership on Advisory Committees or Review Panels, Board Membership, etc.-DCRI|Independent Contractor (included contracted research)-Theravance Biopharma - 01/15/2025 |
| William F Lee, MD | Faculty | Nothing to disclose - 10/01/2024 |
| Julie Damp, MD | Faculty | Nothing to disclose - 11/05/2024 |
| Debra Dixon, MD | Faculty | Grant or research support-Bristol Myers Squibb (Relationship has ended) - 11/14/2024 |
| Benjamin P Frischhertz, MD | Faculty | Nothing to disclose - 02/07/2025 |
| Stephanie Taylor, MD | Faculty | Nothing to disclose - 02/07/2025 |
| Temitope O Akinjogbin , MD | Faculty | Nothing to disclose - 02/13/2025 |
| Joy Derwenskus, DO | Activity Director | Consulting Fee-TG Therapeutics (Relationship has ended) - 02/20/2025 |
| John Wells IV, MD | Faculty | Nothing to disclose - 09/06/2024 |
| Lily Kim, MD | Faculty | Nothing to disclose - 09/15/2024 |
| Jillian M Berkman, MD | Faculty | Consulting Fee-MedZown - 01/06/2025 |
| Amalia Peterson, MD | Faculty | Nothing to disclose - 05/08/2024 |
| Kathryn Lindley, MD | Activity Director | Nothing to disclose - 11/05/2024 |
| Nadia Sutton, MD | Faculty | Advisor-Philips|Advisor-Radiaction|Speakers Bureau-Abbott|Honoraria-Zoll|Stocks or stock options, excluding diversified mutual funds-Stallion Catheter - 10/07/2024 |
| Courtnie Dunn | Other Planning Committee Member | Nothing to disclose - 02/13/2025 |
| Tania Ruiz , MD | Faculty | Nothing to disclose - 04/23/2024 |
| Jody Stonehocker, MD | Faculty | Nothing to disclose - 03/03/2025 |
| Gretchen Schlosser Covell, MD | Faculty | Nothing to disclose - 02/07/2025 |
| Annia Thomas, FNP | Faculty | Nothing to disclose - 11/12/2024 |
| Jessica Duran, MD | Faculty | Nothing to disclose - 01/28/2025 |
| Tiffany Duraney, BA | CME/CE Associate | Nothing to disclose - 09/23/2024 |
| Barinder Hansra, MD | Faculty | Nothing to disclose - 11/05/2024 |
| Barbara Gisella Carranza Leon, MD | Faculty | Nothing to disclose - 11/05/2024 |
| Carolyn A Cronin, MD | Faculty | Nothing to disclose - 03/04/2025 |
| Julie Jackson, MEd | Other Planning Committee Member | Nothing to disclose - 02/13/2025 |

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If you need assistance claiming credit, please contact

Tiffany Duraney

tiffany.a.duraney@vumc.org

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