**Vanderbilt University Medical Center**

**Psychiatry Grand Rounds - CME APA**

**Psychiatry Grand Rounds - Eric Nestler - 4/22/2022**

Date: 12:00 April 22, 2022 - 01:00 April, 22, 2022

**Accreditation**

 Vanderbilt University Medical Center is accredited by the Accreditation Council forContinuing Medical Education to provide continuing medical education for physicians.

Vanderbilt University Medical Center is approved by the American Psychological Association to sponsor continuing education for psychologists. Vanderbilt University Medical Center maintains responsibility for this program and its content.

**Credit Designation**

Vanderbilt University Medical Center designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity

This activity is designated to award a maximum of 1.00 APA CE credit(s).

**Objectives**

After participating in this educational activity, you should be able to:

1 Describe and discuss guidelines, accepted best practice and evidence from recent research related to psychopathology, diagnosis, improving treatment selections, and educating patients about mental health illnesses.

1 Describe general mechanisms of gene transcription and chromatin regulation (i.e., epigenetics).

2 Discuss how stress across the lifespan causes lasting changes in behavior through transcriptional and epigenetic mechanisms.

2 Describe and discuss strategies for implementing new approaches or revising current approaches to managing patients with mental health disorders that result in a balanced approach to pathophysiologic, diagnostic, and treatment paradigms for patient care

3 Describe and discuss anticipated patient outcomes from revised or new management strategies

3 Describe some of the mechanisms that differentiate susceptibility to stress versus more positive, adaptive (pro-resilience) responses.

**Target Audience**

Psychiatry And Behavioral Sciences

**Americans with Disabilities Act**

It is the policy of Vanderbilt University Medical Center not to discriminate against any person on the basis of disabilities. If you feel you need services or auxiliary aids mentioned in the Americans with Disabilities Act in order to fully participate in this continuing education activity, please contact the Office for Continuous Professional Development (OCPD) to request assistance.

**Commercial Support**

This activity received no commercial support.

**Financial Disclosures**

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| --- | --- | --- |
| **Name of individual** | **Individual's role in activity** | **Name of Ineligible Company(s) / Nature of Relationship(s)** |
| Ariel Y Deutch, PhD | Faculty |  |
| Stephan H Heckers, MD | Faculty | Nothing to disclose - 11/07/2021 |
| Eric J. Nestler, MD | Faculty | Nothing to disclose - 03/11/2022 |

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