**Vanderbilt University Medical Center**

**Tourette Syndrome Working Group Journal Club 2023-24A - CME APA**

**Tourette Syndrome Working Group Journal Club 2023-24A - CME APA - 8/2/2024 - Mindfulness Interventions in Tic Disorders**

Date: 12:15 August 2, 2024 - 01:30 August, 2, 2024

Location: Other

**Accreditation**

Vanderbilt University Medical Center is accredited by the Accreditation Council forContinuing Medical Education to provide continuing medical education for physicians.

Vanderbilt University Medical Center is approved by the American Psychological Association to sponsor continuing education for psychologists. Vanderbilt University Medical Center maintains responsibility for this program and its content.

**Credit Designation**

Vanderbilt University Medical Center designates this live activity for a maximum of 1.25 *AMA PRA Category 1 Credit(s)*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity

This activity is designated to award a maximum of 1.25 APA CE credit(s).

**Objectives**

After participating in this educational activity, you should be able to:

1 Describe and discuss how to interact meaningfully with providers from other disciplines who participate in the care of patients with Tourette Syndrome

1 Describe mindfulness interventions.

2 Discuss application of mindfulness interventions to individuals with tic disorders.

2 Describe and discuss the various manifestations of Tourette Syndrome

3 Describe and discuss the current neurobiological understanding of Tourette syndrome

3 Discuss recent clinical trial comparing mindfulness to supportive therapy.

4 Describe and discuss approaches to assessing individuals with signs and symptoms of Tourette Syndrome following current practice guidelines

5 Describe and discuss strategies for managing patients diagnosed with Tourette Syndrome following current practice guidelines when indicated

**Target Audience**

Neurology, Pediatrics, Psychiatry And Behavioral Sciences, Nursing

**Americans with Disabilities Act**

It is the policy of Vanderbilt University Medical Center not to discriminate against any person on the basis of disabilities. If you feel you need services or auxiliary aids mentioned in the Americans with Disabilities Act in order to fully participate in this continuing education activity, please contact the Office for Continuous Professional Development (OCPD) to request assistance.

**Commercial Support**

This activity received no commercial support.

**Financial Disclosures**

VUMC CE activities are compliant with the Standards for Integrity and Independence in accredited continuing education. Any individual in a position to control the content of a CE activity, including but not limited to planners and faculty, are required to disclose all relevant financial relationships with ineligible organizations.All relevant conflicts of interest have been mitigated before this activity started.

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| --- | --- | --- |
| **Name of individual** | **Individual's role in activity** | **Nature of Relationship(s) / Name of Ineligible Company(s)** |
| Andrew E Molnar, PHD | Activity Director, Faculty | Nothing to disclose - 09/28/2023 |
| David A Isaacs, MD | Activity Director, Faculty | Grant or research support-Teva Pharmaceuticals - 10/23/2023 |
| Kelly Harper, BPS | CME/CE Associate | Nothing to disclose - 04/29/2024 |

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Credit code must be texted to 855-776-6263 within 14 days. After texting, log in to **<https://vumc.cloud-cme.com>** and complete the event evaluation to complete claiming credit.

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If you need assistance claiming credit, please contact

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